Neighborhoods Published and edited by Shanika Woodson

WHAT IS RISE?

RISE is a support group centered around Reaching, Inspiring, Supporting, and Encouraging parents with special needs children. This group is spearheaded by NAHA's very own Cindy Senter. Cindy is a case manager for the Housing Authority's Family Sufficiency Program. By working with families first hand, she began to realize the increasing need for support for families with special needs members. "When I first started working here, I had two clients with Autistic kids. Then as time went on other FSS members would bring more residents to me that needed help or resources," stated Cindy. After coming to terms with



how many families were out there that had no idea where to start looking for help, Cindy decided in January 2019 to create RISE. One of the main things Ms. Center stated she wanted to focus on was being able to help struggling families with special needs members, get back to work. "There are so many resources available that some of these par-



ents have no clue about. I want to make sure people know these sources are available to them," stated Cindy.

RISE holds meetings every month, in which any NAHA resident is more than welcome to attend. There are no qualifications or requirements.

Last month in March, RISE had the honor of hearing the story of Cari Jo Bailey, 2017 winner of the National Pageant for Special Needs Girls. She spoke of how the Miss Amazing Pageant worked and how its events focused on empowering each contestant. She also spoke about the trials and troubles they faced during this time, from battling cancer to removal of a cyst on not only her spine but brain as well. Cari's mother Tammy ended the meeting with a message for everyone to keep in mind, "Whatever comes your way in life, don't shy away from it."

If RISE is something you would like to learn more about, please contact Cindy Senter at 502-376-1415.



Community News	
FSS Success	:
Just For You	
BAN List	
Calendar and Events	
Education/Employment	



Bored with nothing to do? Well, grab a few friends and head over to one of the selected locations and run a full court basketball game! You and

your friends can burn energy, get in some exercise, and hang out in a safe environment that is just minutes from home! So whether you're bored, need more practice, or just have a lot on your mind and need a distraction, come join us every Monday and Wednesday







Reminder:

Please keep in mind as we head into this spring season that the mowing company will be out cutting grass. So if there is any lawn décor or lawn furniture that could possibly get damaged during this time, please move it to a safer location. Also please keep all yards free of trash so that it does not get shredded and thrown about throughout the property. Thank you again for helping the Housing Authority keep a clean environment.

Help Us Keep Our Campus Safe! Anonymous 24/7 Tip Line Call (812) 206-2047 24 hours/7 days Anyone with accurate information location of a wanted person, etc., call (812) 206-2047 and leave a detailed message (date and time of incident and persons involved). Officer Jake Hannon, NAHA Campus Safety Officer (812) 948-4837 jhannon@nahain.com

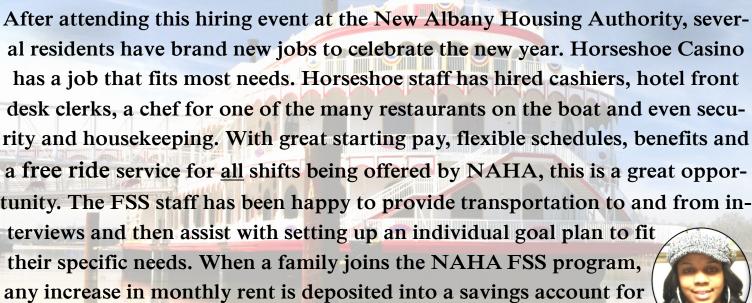
New Albany Housing Authority would like to encourage anyone who may have any information concerning any criminal activity, such as drug activity, spotting someone from the ban list on any of our Housing Authority properties, or any other criminal concerns, give the Anonymous Tip line a call. You may also conabout a crime, illegal drug activity, tact Officer Hannon for more urgent campus safety matters at 812-948-4837. Thank you for all your help!



FSS Successes

2019 has started off with a big BANG!





the family.



If you would like to explore opportunities & supportive services offered please give the Family Self-Sufficiency

a call at (812) 206-2050 today!



Just for you....

It's that time of year again that you either love or absolutely hate. SPRING CLEANING! When preparing to get down and dirty cleaning your home, it can be very overwhelming thinking about everything that you need to do. So here is a check list to help guide you along, and if you don't get it all completed in one day, that's okay! Take a rest and pick it back up the next day, and with your checklist you will know exactly where you left off. Happy cleaning!

Spring Cleaning CHECKLIST

Whole House:

- Clean baseboards
- Launder throw pillow covers and throw blankets
- Wash windows and windowsills
- Dust blinds
- Dust ceiling fans
- Wash scuffed and grimy walls
- Shake out rugs

Kitchen:

- Sweep and mop behind appliances
- Clean oven and microwave
- Reorganize pantry
- Empty fridge and throw way expired condiments
- Sanifize and then rinse inside surfaces of the fridge

Family Room:

- Vacuum furniture
- Replace air filters
- Dust shelf décor and frames

Bedroom and Closet:

- Rotate or flip mattress
- Go through clothes and make a "donate" pile
- Put dryer sheets in boots and tennis shoes to keep the closet smelling fresh

Bathnoom:

- Wash decorative towels
- Replace shower curtain liner
- Wash bath mats
- Reorganize medicine cabinets
- Throw out expired medication responsibly
- Dish wash tooth brush holder
- Rinse and wash bathroom trashcan

Office:

- Throw away accumulated junk mail or unnecessary documents
- Create a filing system for important documents or paperwork
- Go through drawers and toss junk

Remember these people are banned from ALL NEW ALBANY HOUSING AUTHORITY PROPERTIES.

5-Mar-19 Abbott, Matthew Acers, Catina M. Acers, Keith B. Adams, Todd Adcock, Kevin Adkins, Darnell L. Alexander, Amanda Alexander, Marshall Anderson, Chantez Anderson, Carl Antonio, Terald Applegate, Christopher Arnold, Stephanie Ashby, Ryan Bailey, Christopher R. Baldridge, Shaunda Ballard, William Ballard William Barnett, Jr., Albert J. Basham, Heather Battiste, Carl Baugh, Alexander T. Beecher, Adam Bell, Anthony Robert Benningfield, Heaven Best, Gary Best, Patricia Billman, Ronald Blair, Darlene Bland, Thurmond Bloomenberg, Joseph Blythe, George C. Boleviack, Sherman J. Bolin, Walter Bonds, Tabitha Bowman, Richard N. Bradley, Robert Bratcher, Kyle F. Brent, Timothy C. Brewer, Breon Brewer, Charles Brim, Alonzo Brooks, Dexter T. Brooks, Marshaun Brown, Anthony Lee Brown, Aris L. Brown, Christian L. Brown, Geron D. Brown, Louis G. Brown, Randall Brown, Tracy M. Bumpous, Dion M. Burdette, Jasper Bradshaw, Rodney Brvant, Chris M. Burkhead II. John E. Burks, Cynthia Burns, Damon I. Burrell, Sabrina Bush, Linda M. Bush, Shamar Bush. Sylvester E. Calloway, Adrian M. Campbell, Shirley Canada, Joseph Carmen, Randall Crothers, Dawn Carter, Josten D. Casey, Richard Casey, Robert Casey, Vernon Chamberland, Hollie R. Chism. Robert N. Clanev. Anthony J. Carothers, Alisia R. Clark, Bo (J. Woodard) Clark, Dylan

Clark, James A. Clay, Amos Cordell Cole, Beth Ann Cole, Demetrious L. Cole, Jason Chandler, Sade' Collier, Robert J. Collins, Amanda Collins, Joseph Colmore, John Coomer, Robert L. Cordoso, Anthony B. Cortez, Terry Cotton, Steven A. Cottrill, Carl Ray Cousins, Devontea K. Cox, Charles P. Craft Kimberly Craft, Rasheede Craig. MaKenzie S. Crandall, Robert Crandell, Jacob Crone, Daniel Crowe, Briana Cruce, Larry A. Cupp, Christopher Curry, Justin S. E. Curtley, Christopher Dansby, Dean K. Dansby, Marquis Dansby, Sean Darby, Collie C. Davenport, James A. Davey, Chelsea Davidson, Jordan Davis, Ben J. Davis, Bobbie Lee Davis, Christopher Davis, Rickey Davis, Tina Davis, Troy Deaver, Anthony A. Dedrick, Shawn Deleon, Antonio Dell. Rhonda Dennison, Bradley A. Denton, Paula M. Denton, Terry L. Deville, Richard L. Jr Devine, Patrick Allen Dixon, Robin Dodson Jr., Alan Lee Dodson, Timothy W. Douglas, Edwin Draper, Larenzo Driver, Michael J. Duncan, Jay Edelen Duncan, Stephone Dunn, Carlos Dunn, Linda Dunn, Scotty Durbin, Terry Earls, Christopher Edwards, Deantre Eichler, Anthony D. Jr. Elliott, Desean Elliott, Walter Ellis, Jeremy A. Enlow, Steven C. Ernspiker, Crystal Evans, Jesse D. Evans II, John Evans, Larita Ezell. Don Farley, Josh

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Hutchins, Trisha

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Jackson, Nardie

Jackson, Robert

Jennings, Johari

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Fav. Gary P.

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McCuthen, Jacob M.

McGoffney, Charles A.

McDonald, Patrick

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Tandy, Ronald E. III

Tate. Thomas J.

Taylor, Brandon Taylor, Noah Taylor, Roderick Terry, Edward E. Terry, Maurice E. Teagene, Patrice E. Thomas, Heather M. Thomas, Rachel Thompson, Bobby K. Tilford, Christopher Timberlake, Lori Timmonds, Stuart A. Toops, Terry D. Townsend, Ashheena S. Travis, Zelnar Trice, Brian A. Truitt, Alonzo A. Trumbo, Johntae Tucker, Robert A. Tumey, Kevin Turner, Ryen Tutt (Offutt), Martin Allen Tutt III, James C. Tutt, Antonio Unseld, Raymond VanCliff, Jr. Alan Vaughn, Justin Vhay, James H. III Voignier, Joshua Wade, Michael D. Walker, Johnathon Walker, Jr., Sanford Walker, Precious Walthour, Teraald A. Wardford, Edward Washington, Deric A. Watson, Justin Watson Marshall Webb, Charles Lamont Welch, Christopher Welker, Matthew Scott Wessling, Jessica D. Wheeler, Megan N. White. Beiamin O. White, Damon White, Marneva Wiggly, Joemale Wilhelm, Clayton Wilhite, Scott Wiliams, Arlon J. Wilkerson, Bennett L. Wilkerson, Ronald W. Wilkins, Deanna Williams, Christopher Williams, Ethan Williams, Antony W. Williams, Malcom Willoughby, Scott Wood, Delbert E Woods, Brandon Woods, Regnald Woodson, Joe W. Woodard, Lorenzo C. Wooten, Jeremy Works, Richard Worley, Tammy E. Wright, Keith Lamont Wright, Kimberly Wyatt, Danny J. Wynn, Rodney Andre Yates, Kevin Yates, Shawn E. Yoest, Nicholas Young, Damon Young, Shaun Zainman, Khali Zang, James Anthony Zuniga, Richard



APRIL 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Dare To Care Beechwood	2	3	4 Kroger Day Pick up 10:00	5	6
7	8 Lunch with Bosses 12pm-1pm	9 Blood pressure RVT 11;30	10 Lincoln Hill Bingo MET 7:00	11 Baby Shower Event 11am - 2pm	12 Walmart day Pick up 10:00	13
14	15	16 Autumn Woods Brunch 9:00	17 Lincoln Hills Birthdays MET 2:00	18 Kroger Day 10:00	19 Good Friday	20 Parks & Rec Easter Egg Hunt 10:00 AM
21	22	23	24	25	26 Walmart day Pick up 10:00	27
28	29 Blood pressure MET 11:00	30	No Movie this month		April SHOWERS SHOWERS	

To sign up for these events or for any questions related to these events or other transportation services available through FSS, please call Willa Banet at 812-206-2052. You must allow 24 hours notice for transportation services.







FREE Healthy Cooking Demonstration-April 16th 6:30pm-7:30pm

Join Chef Gina as she shows you how to prepare healthy meals. Kids are welcome! There will be fun activities in the gym for kids while parents have FUN sampling new recipes. Held at NAHA 300 Erni Ave. Community room.

Sponsored by Floyd County Nutrition Coalition REGISTRATION REQUIRED 1-800-476-8723



Baby Shower FREE PACK-N-PLAY

Date: Thursday April 11, 2019

Time: 11am to 2pm

Place: 300 Erni Ave. New Albany IN

Event is R.S.V.P. (812) 207-2269

nfpclarksville@goodwillindy.org

LUNCH

PRIZES

GAMES











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Shanika Woodson at **Swoodson@nahain.com** or New Albany Housing Authority P.O. Box 11 New Albany, Indiana 47151-0011

The autism awareness ribbon is a symbol.

The puzzle pieces reflect the mystery and complexity of autism.

The colours and Shapes represent the kaleidoscope of diversity and turmoil of repeating patterns which families with autism face. The brightness of the colours represent the hope that increased awareness, and early intervention means our children can lead fuller and more complete lives.

I would like to compliment:
for
Today's date
Your Name
(Please print)
COMPLIMENT PEOPLE
magnify their strengths, not their weaknesses